LIFE HEALTHCARE GROUP HOLDINGS LIMITED Incorporated in the Republic of South Africa

Registration number: 2003/002733/06

ISIN: ZAE000145892 Share Code: LHC

("Life Healthcare" or "the Company")

TRADING STATEMENT

Life Healthcare is currently finalising its results for the six months ended 31 March 2012, which should be released on SENS on or about 11 May 2012.

In terms of the Listings Requirements of the JSE Limited, a listed company is required to publish a trading statement as soon as it becomes reasonably certain that the financial results for the next period to be reported on will show a 20% or more difference from those of the previous corresponding reporting period.

In this regard, shareholders are advised that earnings per share and headline earnings per share are likely to be between 20% and 25% higher than that reported for the six months ended 31 March 2011.

The forecast financial information on which this trading statement is based has not been reviewed and reported on by the Company's external auditors.

Illovo 16 April 2012

Sponsor

RAND MERCHANT BANK (A division of FirstRand Bank Limited)